



mind love

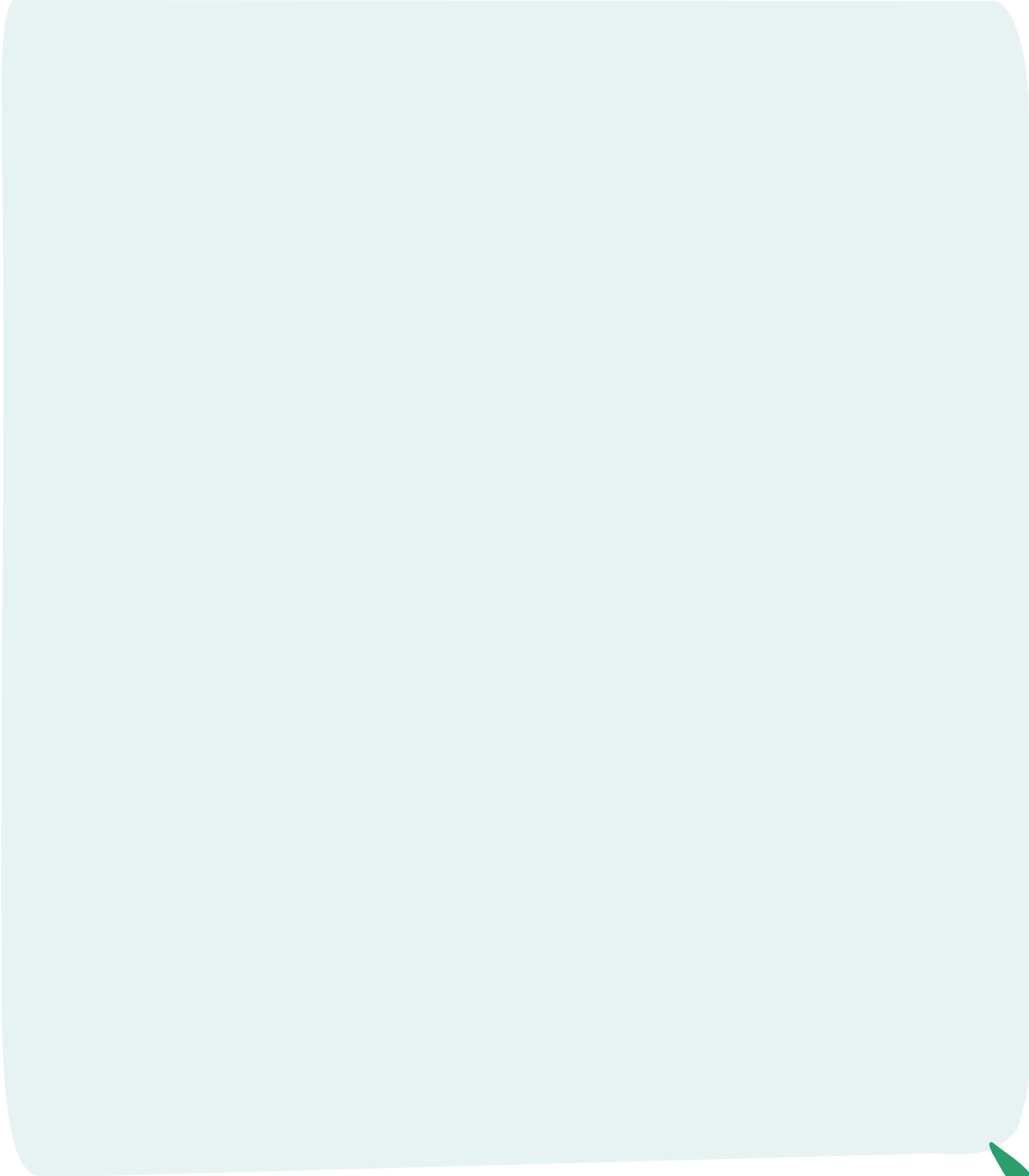
Deepening Your Connections

A Masterclass By:
Mind Love Host Melissa Monte



Hello ol' friend...

I'VE BEEN THINKING ABOUT YOU...

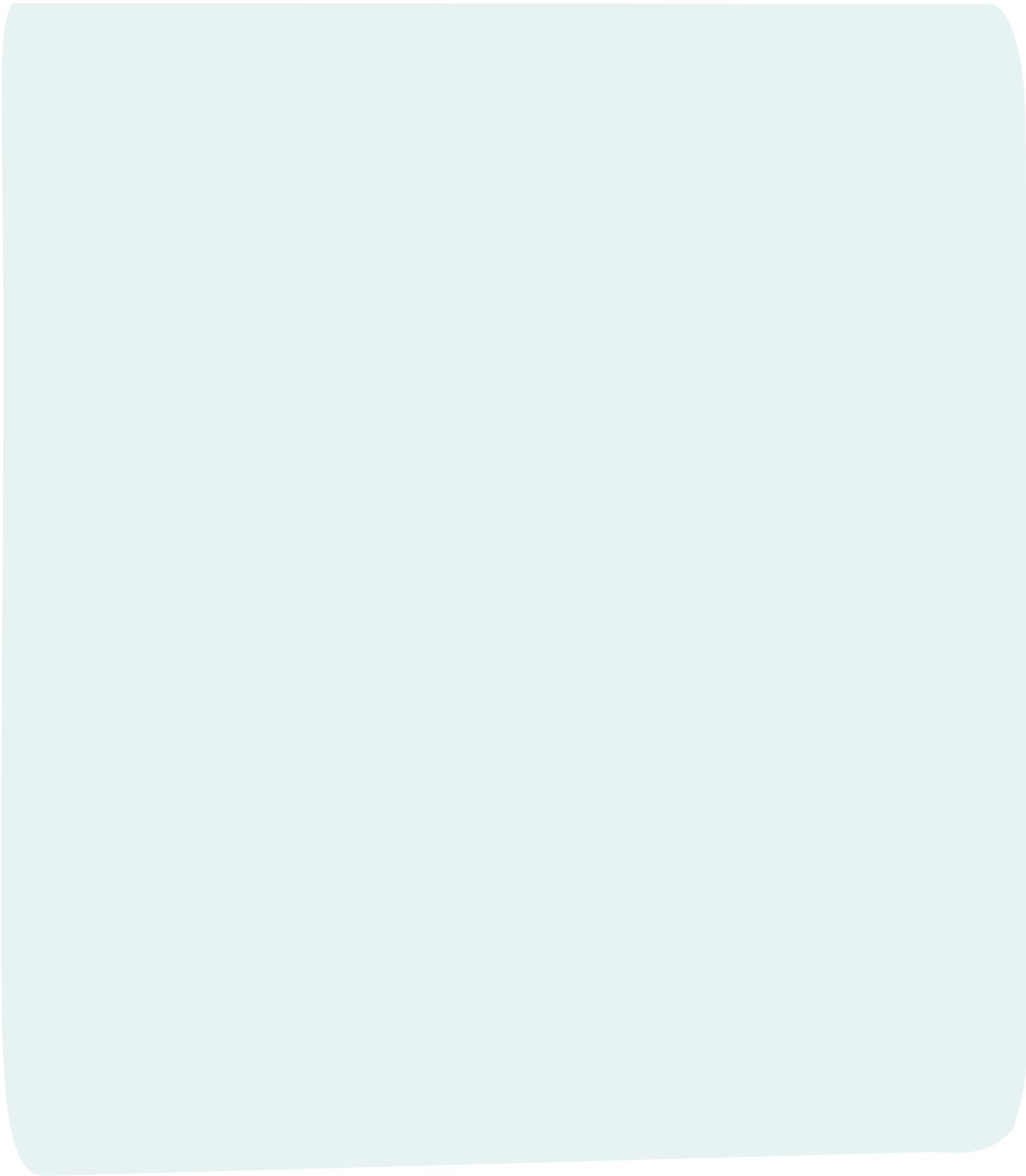


"Happiness is reconnecting with old friends." - Anonymous



Amplify love

I CHOOSE CONSCIOUS LOVE...



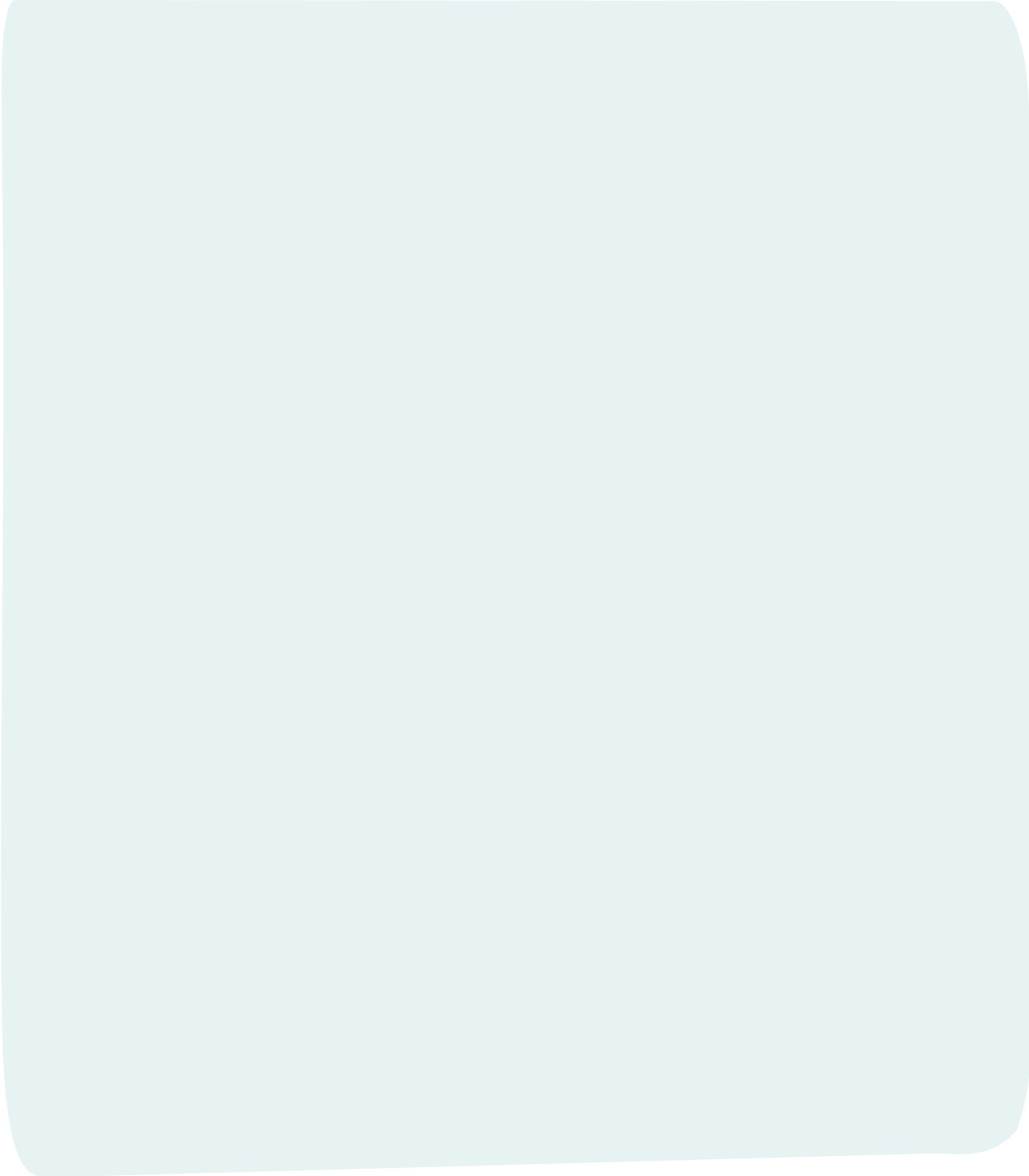
"The truest form of love is how you behave toward someone. Not how you feel about them." - Steve Hall





Forgive generously

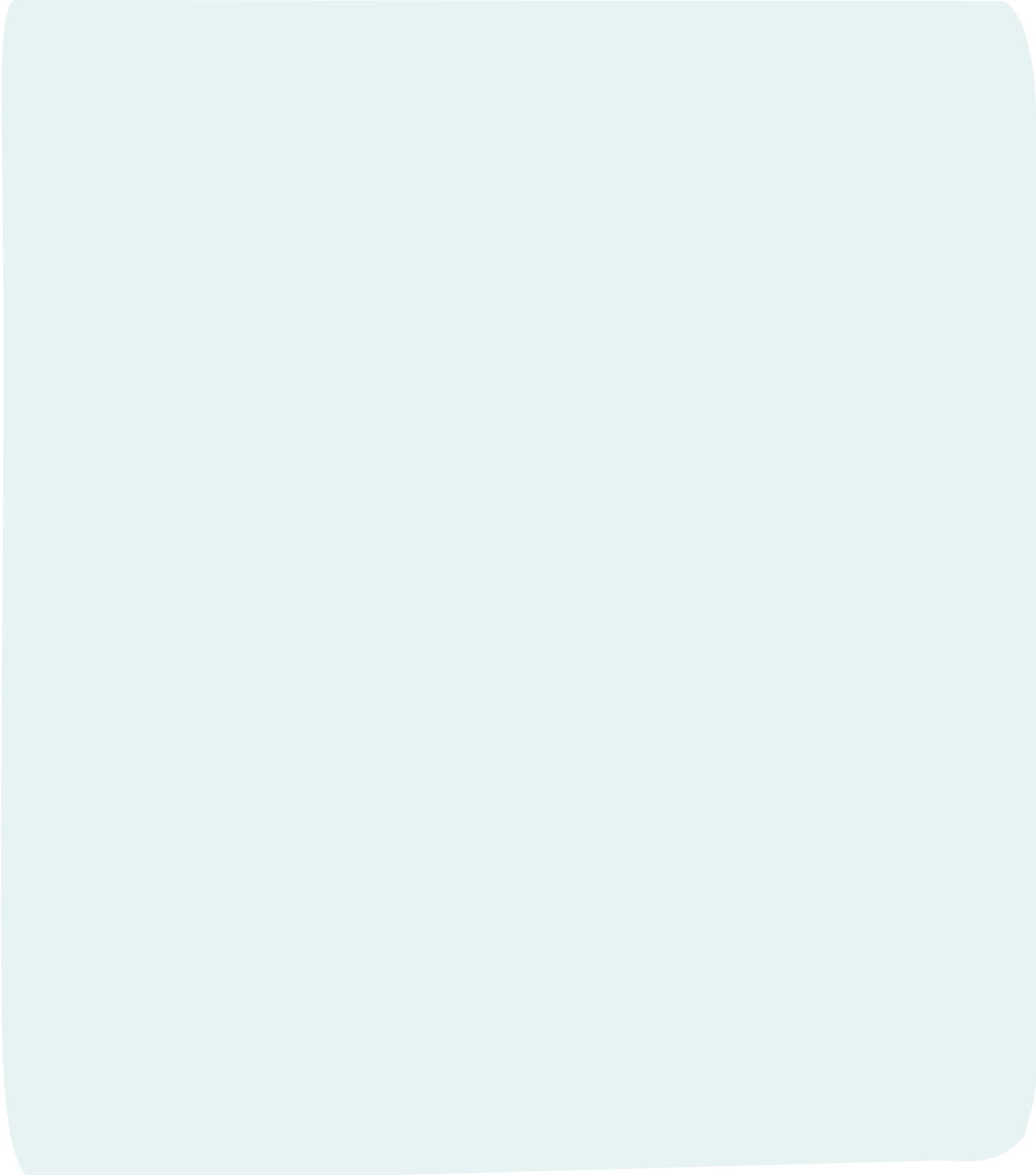
RELEASE THOSE HOT COALS...



"It's one of the greatest gifts you can give yourself. To forgive. Forgive everybody." - Maya Angelou

Cultivate empathy

LET YOUR BODY MOVE YOUR SOUL...

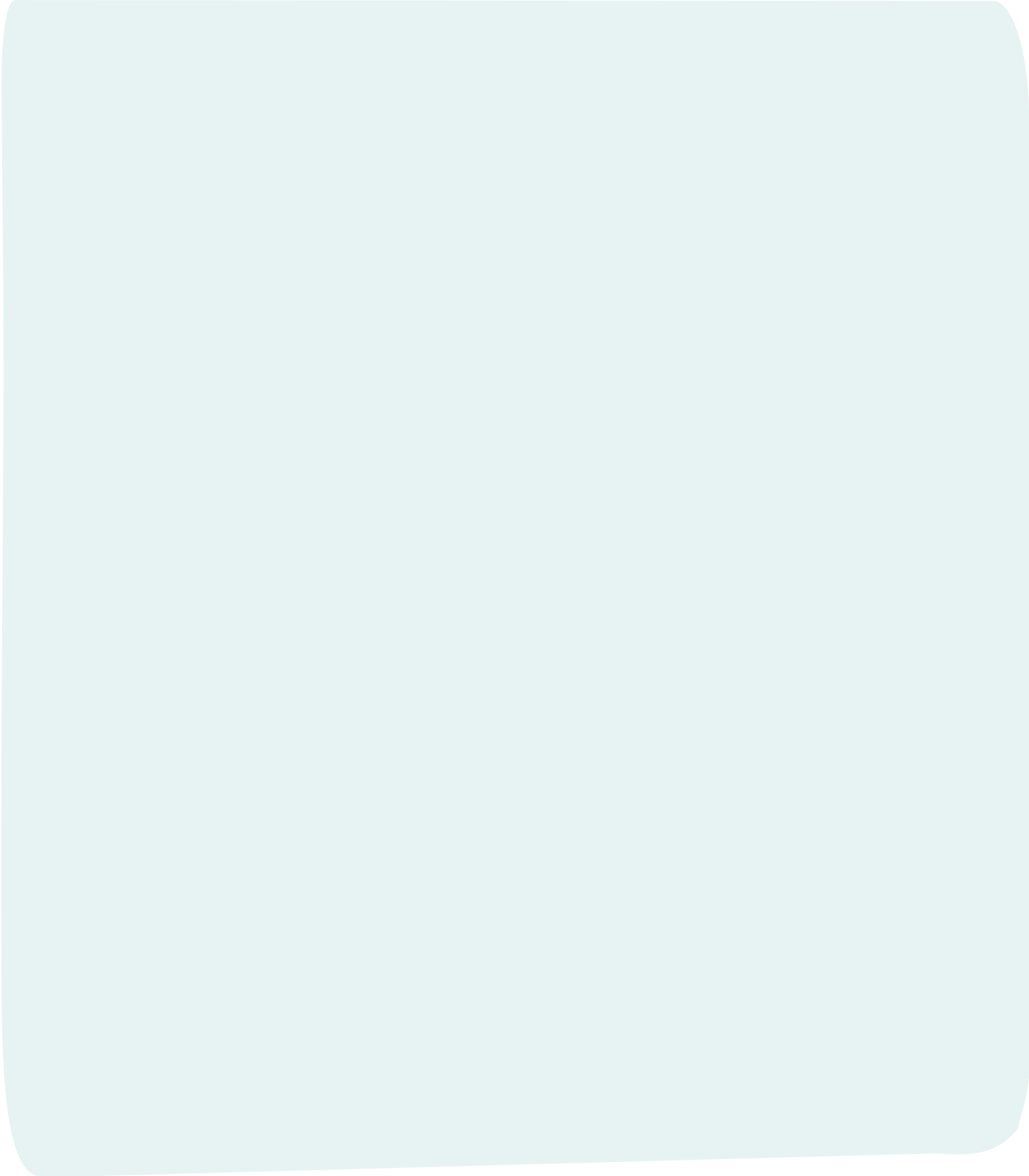


"Respect... Is appreciation of the separateness of the other person.
Of the ways in which he or she is unique." - Annie Gottlieb



I'm grateful for you

I'VE BEEN MEANING TO TELL YOU...



"Feeling gratitude and not expressing it is like wrapping a present and not giving it." - William Arthur Ward

